

The medical professionals at Jefferson Health - Northeast's Lung Cancer Screening Program are here to give you the best possible care.



**Teresa E. Mallon,
DNP, CRNP, CCRN,
CTTS-M**

*Thoracic Surgery Nurse
Practitioner, Lung Cancer
Screening Program
Coordinator, Tobacco
Dependence Program
Coordinator*
215-612-5213

Teresa is a board-certified nurse practitioner and Doctor of Nursing Practice. She received her Doctoral and Master degrees in Nursing at Walden University and her Bachelor of Science degree in Nursing from Thomas Jefferson University. She is a master-certified tobacco treatment specialist and is trained to care for patients requiring thoracic surgery, lung cancer screening, and tobacco dependence treatments.



**Elizabeth Thornton,
BSN, RN-BC, CTTS-M**

*Thoracic Oncology
Nurse Navigator*
215-612-4137

Beth received her Bachelor of Science in Nursing degree from Holy Family University and is currently pursuing her Master of Science in Nursing degree at Walden University. As the thoracic oncology nurse navigator and a certified tobacco treatment specialist, Beth provides individualized assistance and education for a customized plan of care, encompassing lung cancer screening and tobacco dependence treatment specialties.



Our Team is Ready to Serve You

Jefferson Health – Northeast's Lung Cancer Screening Program continues to serve as the premier lung screening program in your community, providing easy access for patients who are at risk for lung cancer and thoracic conditions to the best possible care. As a part of Jefferson Health, we have expanded our healthcare specialty services to our patient communities, including the Jefferson Thoracic Surgery Program, which includes (from left to right):

Teresa E. Giambo, DNP, CRNP, CCRN, MTTS,
Surgeon Nathaniel R. Evans III, MD, FACS, FCCP,
Pulmonologist Boyd Hehn, MD,
Surgeon Walter J. Scott, MD, FACS,
Surgeon Scott W. Cowan, MD, FACS, and
Elizabeth Thornton, BSN, RN-BC, MTTS.

Call **215-612-4137** for
appointment scheduling or email
lungcancerscreening@ariahealth.org
for more information.

1-877-808-2742

JeffersonHealth.org



LUNG CANCER SCREENING PROGRAM

Jefferson Health – Northeast

**Comprehensive,
Personal Care**



HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

Appointments: **215-612-4137**



At Jefferson Health – Northeast, our Lung Cancer Screening program offers a personalized, one-on-one consultation with our nurse navigator and nurse practitioner.

Why Get Screened for Lung Cancer?

- Lung cancer is the leading cause of cancer death each year across the globe.
- Unfortunately, only 15% of patients with lung cancer are diagnosed with early stage disease.
- Recent research studies and the use of low-dose CT of the chest (LDCT) suggest that screening can improve survival from early detection of lung cancer by as much as 20%.
- Newly developed guidelines indicate that screening for lung cancer in high-risk patients saves lives.
- Lung cancer screening is a preventative service that is now being paid for by Medicare and most private insurance plans with little to no cost to the patient (co-pays/deductibles may apply).

What test best screens for lung cancer?

Helical low-dose computed tomography (LDCT). LDCT takes pictures of the inside of your lungs and is able to detect lung nodules.

Am I likely to get lung cancer?

Anything that increases your chances of lung cancer is called a risk factor. Known risk factors include:

- Tobacco smoking
- Second-hand smoke
- Chronic obstructive pulmonary disease or pulmonary fibrosis
- Immediate family member with cancer
- Personal history of other cancers
- Major contact with certain chemicals and fumes such as radon and asbestos

Should I be screened for lung cancer?

Lung cancer screening is for individuals who are at high risk for developing the disease, based on their medical history and associated risk factors. Those eligible must meet the following criteria:

- 50-80 Years of Age
- Current Smoker
- Former Smoker
- Significant Smoking History

What to Expect

Participation in lung cancer screening is voluntary. A face-to-face appointment will be scheduled to ensure eligibility for screening and to offer counseling on overall lung health and tobacco dependence treatment options for current smokers. A low-dose CT will be scheduled at any of our on-campus or off-site locations at a convenient time for you. We will follow up with you to review the results of your scan and to develop your personalized plan of care. In general, lung cancer screening scans are performed on an annual basis.

Tobacco Dependence Program

Smoking is not a habit; it is a true addiction and must be treated as such. Our certified master tobacco treatment specialists provide a supportive and encouraging environment and help make smoking cessation an achievable reality. Our program will work to meet each patient's individual needs, with a personalized step-by-step plan.

Treatment options are flexible and may include:

- Nicotine replacement therapies (NRT)
- Medications
- Supportive counseling
- Behavior modification techniques
- Complementary medicine options

These services and one-on-one counseling are included in every lung cancer screening appointment for those individuals who continue to smoke. Our dedicated team is here to provide you with the tools that you need to quit smoking comfortably and successfully.

The Tobacco Dependence Treatment Program is available to any individual interested in quitting at any time. You do not have to be enrolled in the Lung Cancer Screening Program.

